



IMPACT OF SELF CONFIDENCE AND INTEREST OF STUDENTS, LEARNING SANSKRIT LANGUAGE AS A SUBJECT AT SECONDARY EDUCATION LEVEL, ON THEIR SOCIAL ADJUSTMENT- AN ANALYTICAL STUDY

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ABSTRACT

'NahiDnyanenSadrushyaPavitraMihVidyate'

It is quoted in BhagvadGeeta that nothing is as pure as knowledge in the world.

The knowledge of research brings human to the pure brightness from darkness of ignorance. The storage of knowledge is scattered. Man should try to assimilate this knowledge as well as human should take effort with respect to his potential to acquire knowledge.

There is need of education through which youth in our nation will stand on their cultural background in the rapidly changing world with globalization, liberalization and technology. God moral and spiritual values will be incorporated in the students through cultured languages and subjects during each academic session. Otherwise due to lack of social antiquates child will not be involved in the society. There is lack of stir-compactness in such child as well as he will be disorganized. He is ridiculous in and out of the class. Due to lack of practical knowledge he has to face various problems in life. Hence he cannot withstand in group. Obviously he will disunite from society and become lonely. This creates anger about society in him and resulted either in increased rebellious attitude or a lonely life. Factors such as restrain, perseverance and tolerance can be increased due to education through Sanskrit. Today's education system creates a literate youth but it is a demand of time to create a future generation educated and cultured. For this the youth should be humble due to which good habits will be imparted to them.

Culture, behaviour, thoughts and chants are necessary in individual to create a cultured society. Books like Ramayana and Mahabharata are available in Sanskrit. Sanskrit is a mother of all languages. Sanskrit is the base of all language. Sanskrit language develops humanity and increase amiability not animosity. Sanskrit is a lighthouse which takes life to the right attitude, which guides during ups and downs of life. But still scribbling condition is existed in the society. Human lost humanity. Selfish society is happening to develop. For overcoming this worst situation it is necessary to focus on Sanskrit language which teaches values.

KEY WORDS: Self- confidence, Interest social adjustment Learning Sanskrit Secondary Education level.

INTRODUCTION

India is one of the countries in the world having bright cultural background. It has wider traditions, rituals and degree of knowledge. Indian philosophy is well-known in whole world. India has progressive tradition of education from its ancient times to present time. Hence India is succeeded in each front. This is possible due to the ancient Vedic educational system and present education which is running for students without any interest.

There is change in students due to educational process. Hence 'Gates' said that, 'Progressive change in behavior is Education' and change in behavior means change in work or process.

Swami Vivekananda said that, 'Man making is the business of education'. The concept of educated individual is explained as below. We provide knowledge of different subjects to students, create some skills in them, we create artisans, actors, machinists, technologists, teachers, lecturers, lawyers, doctors, managers, industrialists etc. by providing them professional education. But whether this creates a good human being?

Our all focus is centered on professional knowledge and skills only. It is not based on the qualitative achievement necessary for it. Hence even after achieving immense professional knowledge and skills we find plenty of selfish, corrupted and immoral individuals who are not using their knowledge in right direction for right reason. A good human being cannot be created with the lack of spirituality and moral qualities. Ideal personality cannot be created. Saint Dnyaneshwara had put some models of ideal personality and complete human being in the form of Wiseman, Devotee, Karmayogi and Self-Collected. He also put forward some standards which indicate specific behavioural patterns of ideal personality. Hence if we incorporate some values in our students then we can purify and improve personal lives as well as social lives in succession.

Today's era is the era of competition; this doesn't mean that we make progress by defeating all others, but it is expected that we make progress with the mutual co-operation. This is one of the braveries and great braveries in the history of mankind were achieved only through organization. In which members of organization helped each other for achievement of objective, this is known as social adjustment. Thus from kinder garden to university, everywhere teachers accepted co-operative educational strategy, because it helps to achieve more greatness of education, to create good character in the competitive educational environment, to create team spirit, to improve democratic attitude and to create pleasure. Hence, it is necessary to find out some subjects for creating such poten-

tial in students.

Human life is very beautiful. Experience has immense importance in such beautiful life. It is believed that experience is the best teacher of human, human is able to keep experiences of life in his memory. The prime source of keeping these experiences is language. Language plays very significant role in human life. Experience has no value without language. It is only language because of which man was evolved faster than other animals. He started to speak. If he was unable to capture the source of language then his condition was equal to the condition of other animals. Language is the gift received by human. Man is different from other animals because he knows language for communication. We can achieve continuity because of language; it helps to put forward our thoughts. Hence, students showed different values with the means of language. Especially it is necessary to develop these qualities the secondary school students because this is a risky turn in the life and it is necessary to overcome this turn properly.

'Good teaching makes good school

Good school makes good students

Good students make good citizens

Good citizen makes good nation'

Relation between education and language subject

It is necessary to know about the language through which education is given, because personality of individual is developed through language. Personality is the union of self-confidence, adjustment and interest. Sanskrit is one of the ancient languages which plays important role in personality development of an individual.

Sanskrit and self Confidence

Self-confidence is needed to identify different feelings in mind, to manage them to control them or to express them properly. The characteristic of self-confidence is ability to identify the feelings, to analyze them and to express them in a controlled manner according to social standards. Self-confidence is needed to identify self. Self-respect is the origin of self-confidence and to identify self-potential is the strength of self-confidence. Today's education is unable to help people in day to day conflicts faced by them, which is outer character strength. Education provides knowledge which creates self-confidence and an individual with strong self-confidence is courageous. To evoke self-confidence, it is necessary to keep

trust on self. All knowledge is achievable by human. Students also have knowledge. The need is only to aware them. This knowledge is not generated from outside, it is situated inside the man. Newton had experienced that knowledge lies in the mind. The library of whole universe is inside us. We can open this library for providing knowledge to everyone.

Sanskrit Language and Interest

Teaching is an emotional act. It includes emotional relations, emotional evaluation, and emotional labor. There is impact of teacher's personality, behaviour, interest and emotions on behaviour of students. Hence teachers and parents should take effort to create proper interest in students. We only concentrate on things which we like.

Hence this likeness is the interest. We like something means we have interest toward that thing. Where there is no interest we did not pay attention to those things. Thus students basically should have proper interest. This leads to proper development of child. Interest of students is developed with the experiences they received in schools. The right rituals are started from home of students and every Marathi house speaks Marathi language. Sanskrit is mother of Marathi. Language is important for every person. It helps to develop interest of individual.

Sanskrit and Social Adjustment

According to Maslow's theory of predominance motivation, the need of social respect is evolved after fulfillment of primary needs of individual. To achieve this it is important to maintain proper social adjustment. Human is a social animal and he can't live without society.

Following benefits should be achieved through Social Adjustment Research is Proper and organized effort to investigate truth, new knowledge is received from search and new theories are developed through research Gupta (1993) defined the "Factor underlying achievement in first language (Hindi) Related classical language (Sanskrit) and foreign language (English) with their Implication for Instructional methods." JAIN (1984) "The Diagnosis of language errors and a programme of teaching in Sanskrit dept of Sanskrit Banasthali Vidyapeeth." RAI (1980) "A factorial study of attainment of High School students in different subjects of Sanskrit in the Gorakhpur Education Region." SANTOSH (1988) The three language Its status in school curriculum. Ph. D. Problem: "It attempts to find out the origin of the three language formula policy in India in the light of its historical background and current practices." MISRA (1992) "A comparative study of the Sanskrit reading ability among class IX students of different types of schools of Lucknow city." CHATTERJI (1987) "An Investigation in to Interference of cognitive Development and Language Development in the middle school children"

All these Research found by various researcher was carried out on the basis of previous studies as well as an effort was made to achieve more knowledge from this research than previous studies it was evident from the review of previous studies that no study was made on the present topic it is necessary to study on this subject it is a novel research and tried to find out the impact of impact of self confidence and interest of students learning in secondary schools with Sanskrit as one of the language subjects, this is uniqueness of study.

OBJECTIVES OF THE STUDY

- To test the self-confidence of students learning Sanskrit as language subject at secondary level
- To study the impact of interest on social adjustment of students learning Sanskrit as language subject at secondary level

Hypothesis

The main hypothesis of the present study is that, Students learning Sanskrit as language subject at secondary level has achieved good social adjustment because of their interest.

Methodology and Materials.

To achieve the above cited objective of the present study, survey method has been used under the descriptive research after reviewing the characteristic of the different method of educational research, the investigator decided to use survey method for present study.

Population

The Population of the study is the secondary level going student of Sanskrit language studying in wardha district of Maharashtra.

Sample

The sample of the study was limited to 1000 student (500 male student and 500 female student) form the above mention Population selected on the basis of simple random sampling procedure

Research tools

- PANDEY SELF-CONFIDENCE INVENTORY CPSCI – Dr. D.D. Pandey (Hardwar)

- MULTIPHASIC INTCPEST INVENTORY MII – Dr. (MRS) S.K. Bawa Patiala
- SOCIAL ADJUSTMENT INVENTORY – (SAI-D) Dr. R.c. Dey (Aligarh)

PLANE OF DATA ANALYSIS

The collected data was analysed by using descriptive & inferential statistics mean standard deviation 't' test to find out significance difference, correlation

RESULT

Statistical Representation of Research Information

Result Table 1

N	Confidence		Interest		Social Adjustment	
	Boys	Girls	Boys	Girls	Boys	Girls
Numbers	500	500	500	500	500	500
Mean	20.5	20.6	183.37	183.224	46.16	46.68
SD. $\sigma \frac{\sqrt{Ex^2}}{N}$	$\frac{\sqrt{1121}}{500}$	$\frac{\sqrt{1220}}{500}$	$\frac{\sqrt{60462.55}}{500}$	$\frac{\sqrt{59554}}{500}$	$\frac{\sqrt{12147.2}}{500}$	$\frac{\sqrt{13491}}{500}$
σ	1.497	1.562	10.996	10.913	4.928	5.19
t-Test	t-Test = 1.063		t-Test = 0.21		t-Test = 0.288	
			r = 0.71			
					r = 0.59	

Scores for Self-confidence, Interest and social Adjustment

Actual Raw Score Table

Table 2

Sr. No.	Self-Confidence	Interest	Social Adjustment
1	21	173	43
2	23	170	45
3	24	209	40
4	20	180	41
5	21	182	48
6	19	187	50
7	20	170	57
8	21	173	47
9	18	179	49
10	20	180	40
11	22	190	50
12	23	201	56
13	21	203	48
14	19	170	41
15	20	172	43
16	19	190	47
17	20	192	49
18	21	194	54
19	22	173	40
20	23	175	42
21	19	180	47
22	21	192	42
23	24	190	47
24	23	173	40
25	20	185	49
	524	4583	1155
Mean	20.96	183.32	46.2

The self-confidence score was ranged between 15 and 25

Z score Table 3

Sr. No	Z Score	Dishonesty Status
1	+2.01 and above	Extremely Dishonest
2	+1.26 to +2.00	Very Much Dishonest
3	+0.51 to +1.25	To Some extend Dishonest
4	-0.50 to +0.50	Moderate
5	-0.51 to -1.25	Sometimes tell lies
6	-1.25 to -2.00	honest
7	-2.01 and low	Extremely honest

Table 4
Co-relation between self-confidence and social adjustment of students

N	Confidence		Self Adjustment	
	Boys	Girls	Boys	Girls
Numbers	500	500	500	500
Mean	20.5	20.6	46.16	46.68
SD, $\sigma \frac{\sqrt{Ex^2}}{N}$	$\frac{\sqrt{1121}}{500}$	$\frac{\sqrt{1220}}{500}$	$\frac{\sqrt{12147.2}}{500}$	$\frac{\sqrt{13491}}{500}$
σ	1.497	1.562	4.928	5.19
T- Test	Test = 1.063		T- Test = 0.288	
	$r = 0.71$			

The correlation was found to be 0.71, which is positively significant. Hence hypothesis 4 is accepted

DISCUSSIONS

Table -1 shows The self-confidence of students learning Sanskrit as language subject at secondary level is improved

This hypothesis was tested by using psychological test Pandey Self-confidence Inventory (PSCI) on 1000 secondary level students (500 boys and 500 girls). This test includes 60 statements.

Table -2 Shows the T- Value is not greater than table value hence it is not significant hence the null hypothesis is accepted

It was evident from the scores of self-confidence that majority of students come under the score category range between 15 and 25. The data was preceded as per instructions given in the test manual.

Students were given Pandey Self-confidence inventory (PSCI) to solve scores received after solving this test ranged between scores 15 and 25 according to test this score indicates high self-confidence. Hence it is evident that, the self-confidence of students learning Sanskrit as language subject at secondary level is improved. Thus hypothesis is accepted.

There proper interest levels in students learning Sanskrit as language subject at secondary level

Table – 3 Shows Students learning Sanskrit as language subject at secondary level has achieved good social adjustment. It was evident from the study result that majority of students indicates Z score between -2.01 and -0.05 which indicates extreme honesty of students. This supports hypothesis 3. Hence hypothesis 3 is accepted

Table – 4 Shows There is good impact of self-confidence of students learning Sanskrit as language subject at secondary level on social adjustment

This hypothesis was tested by using scores received by students in self-confidence and social adjustment test. The results were obtained by using Scatter Diagram of Co-relation. The correlation was found to be 0.71, which is positively significant. Hence hypothesis 4 is accepted. The correlation was found to be 0.71, which is positively significant. Hence hypothesis 4 is accepted. All this indicates students having good interest have good social adjustment

CONCLUSION

- 1) Sanskrit language is beneficial to improve self-confidence
- 2) The self-confidence level of boys learning Sanskrit language is improved
- 3) The self-confidence level of girls learning Sanskrit language is also improved bountifully
- 4) Sanskrit language is beneficial to improve interest of students
- 5) The interest of students learning Sanskrit is proper and good
- 6) The interest level of boys and girls is nearly equal

The social adjustment level of students learning Sanskrit as one of the language subjects was good. Sanskrit language is beneficial and valuable to improve social adjustment level of students

- 1) Spirituality and morality should be incorporated in the students through Sanskrit language
- 2) It should be possible to create students full of moral qualities, interest and social adjustment with the help of Sanskrit learning

RECOMMENDATIONS FOR THE SANSKRIT LANGUAGE TEACHING

- 1) Humanity should be developed in students by educating them through Sanskrit as a medium
- 2) Student should read epics such as Ramayana and Mahabharata to become courageous

RECOMMENDATIONS FOR IMPROVING SELF-CONFIDENCE

- 1) It should be tried to lower the inferiority complex of the student which ultimately lead to improved self-confidence
- 2) The feeling that, "I can do this work positively" should be imbedded in the students
- 3) Student should be taught to hold their confidence in every front of life.

RECOMMENDATIONS FOR CREATING PROPER INTEREST

- 1) Student should be encouraged by providing them prizes to develop their interest
- 2) Sources such as things, idol, pictures, maps, tables, films, picture lights, tapes should be used while teaching. This may help to create interest in students
- 3) Proper teaching method should be used by teacher by considering various developmental states of students.

RECOMMENDATIONS FOR CREATING PROPER SOCIAL ADJUSTMENT

- 1) Students should be taught to perform their personal and social practices with potential, satisfaction and self-confidence.
- 2) Opportunities should be made available to the students by organizing various programs; this may improve their leadership qualities.
- 3) Project method should be implemented to develop integrity among students. This also helps to improve social adjustment quality of students

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